



# Honolulu-Pacific Federal Executive Board and U.S. Office of Personnel Management



## Gaining Success through Emotional Intelligence

Presented by  
Marcia Hughes  
Collaborative Growth

***Date: March 11-12 (Thursday and Friday)***

***Time: 8:30-5pm***

***Location: TBA***

***Cost: \$387***

### **Your Individual EQ Strengths and Opportunities**

Emotional Intelligence, often referred to as EQ, is composed of the skills and competencies necessary to experience “success”. How do you define success in your life? How do you define success in your role? While the definition is unique for each of us, research shows that there are 15 central competencies which embrace the requisite skills for meeting the challenges of today’s environment. Research shows that EQ contributes significantly to success in the workplace. It helps create a culture that nurtures excellence and develops future leaders. Learn about ways to impact your leadership and how to use this information to motivate and build skills throughout your work.

### **Participating in an Emotionally Intelligent Team: Moving from Conflict and Stress to Collaboration**

The increasing need to work effectively in teams or groups requires new learning to support effectiveness. Teams or groups with long term assignments need to embrace a collaborative spirit to become fully successful, and before collaboration works well, they need the skills to work through conflict, change, stress and other challenges. Utilizing the Team Emotional and Social Intelligence Survey (TESI®) Report will provide insightful data on how you as an individual member view your team or group thus enhancing your awareness of team strengths and challenges and how you can participate strategically to support success for yourself and your team or group.

Registration will be taken on a first-come, first-served basis. To register, please fill out the information below and fax it to: 808-541-3429. Be sure to include payment information.



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and  
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REGISTRATION FORM**



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Name: \_\_\_\_\_

Title: \_\_\_\_\_

Organization: \_\_\_\_\_

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Payment Method *(Receipts will be provided)*

Government Purchase Card

Cardholder \_\_\_\_\_

Card Number \_\_\_\_\_

Expiration Date \_\_\_\_\_

Billing Address \_\_\_\_\_

Credit Card

Cardholder \_\_\_\_\_

Card Number \_\_\_\_\_

Expiration Date \_\_\_\_\_

Billing Address \_\_\_\_\_

Check

Check Number \_\_\_\_\_

Make Check Payable to: *Honolulu-Pacific Federal Executive Board*

Please Fax to: (808) 541-3429 Attn: Christopher Tumaneng

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